Infinity Culinary Training www.ictchefs.org	N-A FOR OFFICE USE ONLY OOT Acc N-A Reason & Tips for future:			
Improving Lives Through Cooking A nonprofit chef school ∞ Cape Town, South Africa				
STUDENT APPLICATION FOR CLASS 47 ONLY June-December 2024	#Chld: Work? Y N Training? Y N Inc:			

STOP! <u>READ EVERYTHING VERY CAREFULLY</u>

This form is ONLY if you live 75 km outside of Cape Town – **or in another province.** If you live in Cape Town, or within 75 km, download the proper forms from our website.

DO NOT APPLY TO ICT IF:

- 1. You are under 21 years of age at the time of making your application.
- 2. You are the primary caretaker of a child under 2 years of age.
- 3. You are not vaccinated against COVID-19. You must attach proof of your vaccination to your application. If you have lost your card, you must download proof from this website: *gov.za/covid-19/vaccine/certificate*.

Your application will NOT be considered if you do not follow the above three rules.

Today's date:	Province you live in now:
Name:	Surname:
Age: Fe	emale Male ID:
Phone:	2 nd phone (friend or relative?):
Home address:	
Email address:	Home language:
Number of children:	Their ages:

<u>NB! – ICT IS SERIOUS ABOUT TIMEKEEPING</u>

If you are one minute late for any ICT interview, you will be turned away. You will not be accepted to that class. For the sake of your own professional future, NEVER BE ONE MINUTE LATE.

STOP AGAIN! YOU MUST READ AND UNDERSTAND ALL THE INSTRUCTIONS ON THIS PAGE

- 1) You are **not permitted** to share this form or give it to anyone else. Each person must download the forms for themselves from our website. You are **not permitted** to post this application form on any social media, any website or anywhere.
- 2) You must **print out this application** and answer all questions **truthfully and in YOUR OWN HANDWRITING.** Type-written answers will **not** be accepted.
- 3) Class 47 takes place June–December 2024. Final selections for class will be made in May. **You will have a phone interview** before you are asked to travel to Cape Town.
- 4) At the time of your phone interview, we will discuss the **dates of your interviews** and **the date that you must be settled in Cape Town**.
- 5) You must **relocate to Cape Town** for the interview process and for the entire 7 months of the course.
- 6) ICT offers no transport or accommodation. If accepted into ICT, you must provide your own reliable accommodation in Cape Town AND transport to and from ICT (or your work placement or your job) each day for the entire 7 months.
- 7) You must attach 1) a clear photocopy of your ID and 2) your COVID-19 vaccination card (you *must* be vaccinated). Your application will not be considered without both attachments.

TO SUBMIT THIS APPLICATION

- 1) **SCAN ALL PAGES** (*no photos, please*), **email** this application and the required attachments to **applications@ictchefs.org**.
- 2) **BRING THIS ORIGINAL APPLICATION AND ATTACHMENTS** with you to your first interview.
- 3) Emailed submissions from people who live within 75 km of Cape Town will **NOT** be accepted.

<u>NB!</u> Submitting this application, or attending any interview, does NOT guarantee your acceptance to ICT.

Part 1: Getting to Know ICT

Before you attend your first interview, it is important that you to get to know a little bit about ICT. You must understand the seriousness of the business culture that we train chefs for.

Tick each box that you think is correct.

1) **ICT's primary mission** is to provide training for people who have never worked or who have very limited work experience. If a person has been able to repeatedly find a job, or a person has had over three months of previous hospitality training, there is a *very low chance* of being accepted to ICT.



2) Many people drink alcohol occasionally and on special occasions. Drinking is a bad practice when it comes to being a professional chef. Therefore, no amount of drinking alcohol is permitted while I am an ICT student, including weekends, time off, or when I am at home.

TRUE _____ FALSE ____

3) Even though the ICT training will require all of my time and attention, I will still be able to have my usual friends and do most of the usual things I did before attending ICT.

TRUE FALSE

4) Since ICT is free, they also give their students whatever they want. If I don't have transport money, or a phone, or money for data and airtime, ICT will give me those things.

TRUE _____ FALSE ____

5) The professional world is strict about timekeeping. Businesspeople are not interested in excuses like late taxis, load shedding, or personal issues at home. As training for the business world, ICT requires 100% on-time attendance – every single day – from all students.



6) Attending ICT is a personal decision to change my life for the better. The program will be very challenging. In order to grow and to succeed, I will have to face many personal challenges, face many fears, overcome some negative habits, and possibly question some of my beliefs.

TRUE FALSE

7) ICT guarantees me a job. Even if I quit a job or get fired, ICT will always get me another one.

TRUE	FALSE	
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8) ICT is not a quick fix to my financial problems. It takes many years of hard work, dedication, and climbing the ladder to become a respected, well-paid chef. Therefore, if I want to grow my career, I must *always* do my best, work my hardest, and put in very long hours. I also MUST learn to make a personal budget and spend my money correctly.



Part 2: Your Education, Additional Training, Health, and Work History

1)	Did you download this form yourself from the ICT website ? YES Or did someone else download this form and give it to you? YES
2)	Do you have matric or completed any NQF Level 4 schooling? YES NO NO If NO, what is your highest grade completed ?
	Name and location of high school attended?
3)	Do you believe you are a "slow learner"? YES NO
4)	Do you have ANY medical conditions or disabilities ? YES NO If YES, please explain:
5)	List all medications you take, the reasons you take them, and how long you've been taking them.
6)	Describe your eyesight: Excellent Good Fair Poor
	Do you wear eyeglasses? YES NO Do you need to wear eyeglasses? YES NO
7)	How well do you speak, understand, read, write English?
	Speak: Excellent Very well Enough to get by Struggle a lot Very poor
	Understand: Excellent 🗌 Very well 🗌 Enough to get by 🗌 Struggle a lot 🗌 Very poor 📄
	Read : Excellent \Box Very well \Box Enough to get by \Box Struggle a lot \Box Very poor \Box
	Write: Excellent 🗌 Very well 🔲 Enough to get by 🗌 Struggle a lot 🔲 Very poor 🗌
8)	Have you applied to ICT in the past? YES NO
	If YES, how many times? What year(s) did you apply?
	What happened when you applied? Did you come for any personal interviews? If so, please

explain why were you not accepted?

9) Have you attended any formal or additional skills training? YES NO If YES, fill out below.

Name of institution:		
Type of training:		Cost of training:
Date started: Date finished:		Did you get a certificate? YES NO
Name of institution:		
Type of training:		Cost of training:
Date started:	Date finished:	Did you get a certificate? YES NO
there, 4) Reason for 1	r leaving, 5) The salary you ea	date finished, 2) Name of the place, 3) Your duties rned. <i>If you need more space, attach a CV</i> .
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Part 3: Your Home Life & Financial Life

1) How many people currently stay in your home and what is their relationship to you?

2) If you have children, how many of them stay with you now? Their ages?
If your children stay with other people: Who do they stay with?
In which province do they stay?
How long have they been staying there?

3) Do you have any money saved? YES NO If yes, how much?

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5.

4)	6. Do you or members of your family have any source of income? YES NO
	Who earns the salary?
	What job(s) do they have?
	How long have they had those jobs? How much do they earn?
	How many social grants come into your home? Child Disability Pensioner
5)	Please explain how you will financially support yourself during your ICT training. Include where you will get transport money to and from class, and airtime and data for your phone.
6)	Have you ever visited or lived in Cape Town? VISITED 🗌 LIVED 🗌 NEVER BEEN 🗌
7)	Please explain A) Where you will stay when you arrive in Cape Town? B) Will you staying with a friend, relative or stranger? C) How long you will be allowed to live there?
	A)
	B)
	C)
8)	Do you ever feel like a victim of life? YES NO If YES, what makes you feel that way?
9)	At any time in your life, have you experienced abuse or violence at home? YES \square NO \square If yes, please explain <i>only</i> if you are comfortable doing so.
10) Have you ever been convicted of a crime? YES NO If YES, please explain all details, including the date of your arrest(s) and dates of any time served in prison.

If accepted to ICT, you will be required to provide a certificate of police clearance. Having a criminal record does not automatically disqualify you from being admitted to ICT. We encourage you to apply even if you have a criminal record.

11) <u>Read the paragraph below very carefully, then answer the QUESTION that follows.</u>

Working in a professional kitchen requires long, hard hours – working nights, weekends and public holidays. It requires being fast on your feet. It requires learning new forms of communication. It requires paying attention to every detail. It requires opening your mind to new cultures. It requires adopting a PROFESSIONAL MINDSET. It requires never gossiping. Working in a pro kitchen will require a 100% CHANGE OF LIFESTYLE from what you are currently used to. Working in a pro kitchen is NOT for everyone. Many people are better suited to other jobs or careers.

<u>QUESTION</u>: Aside from wanting a job and wanting to earn money, WHY DO YOU THINK THE PROFESSIONAL KITCHEN IS THE BEST PLACE FOR <u>YOU</u> AT THIS TIME IN YOUR LIFE?

12) What else is important for ICT to know about you? Do NOT leave this section blank.

Part 4: Your Commitment

Please think carefully about each of the promises below. They are your word of honour. They must be kept by every ICT student each and every day.

- 1) Do you promise to be in class Monday through Friday, 7:00 am to 4:30 pm, and one day each weekend, either Saturday or Sunday? YES □ NO □
- 2) Do you promise to be on-time for class never late every single day? YES \square NO \square
- 3) Do you promise to be able to work day shifts, night shifts, and shifts on weekends and public holidays? Do you understand that there are NEVER DECEMBER HOLIDAYS in the hospitality industry? YES □ NO □
- 4) Do you promise to be available to work in a Cape Town restaurant or hotel for a minimum of one year **after** graduating from ICT? YES □ NO □
- 5) Since you will earn no money for at least the first 4 months of attending ICT, do you promise to always have A) transport money to and from class and your work placement, and B) airtime and data on your phone? YES NO
- 6) Do you promise to give 110% of your energy and commitment to your training? This means always trying your hardest and completing all tasks with a positive attitude. YES NO
- 7) Are you 100% clear that attending ICT is a personal decision to change your life, and that the program will be personally challenging, and that you will be required to face many of your fears and overcome some life-long habits in order to succeed? YES □ NO □

Part 5: Your Agreement

I understand that ICT is not a quick fix to my financial problems. ICT provides training for entry-level positions into the professional kitchen. I understand that it takes many years of hard work and dedication to become a respected chef. I know that I will be starting at the bottom in any job and that I must be willing to always be honest and do my best in order to work my way up.

I certify that all information provided in this document is true to the best of my knowledge and will be used to determine my eligibility to attend Infinity Culinary Training. I understand that this application does not guarantee enrollment into any class and that, if I am accepted, any intentionally false statements made by me in this document may result in my immediate and permanent dismissal from Infinity Culinary Training.

Signature:	 Date:	 //	/
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Write your name and surname: _____

Initials:

Initials:

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SPECIAL INSTRUCTIONS

KEEP THIS PAGE.

It is yours to study. DO NOT submit this page with your forms.

STUDY AND LEARN THESE THINGS <u>before</u> you attend your first interview

ABBREVIATIONS

An abbreviation is a shortened form of a word. For example, "Mr" is the abbreviation for the word "Mister."

The letters in *red* or *bold* are the abbreviations that you must know for the professional kitchen.

G is the abbreviations for "gram" or "grams."

KG is the abbreviation for "kilogram" or "kilograms."

L is the abbreviation for "litre."

ML is the abbreviation for "mililitre."

TSP is the abbreviation for "teaspoon."

TBL is the abbreviation for "tablespoon."

C is the abbreviation for "cup."

MEASUREMENTS

You must know these basic measurements to work in the professional kitchen.

1 kilogram = **1 000 g**

1 litre = **1 000 ml**

1 teaspoon = 5 ml

1 tablespoon = 15 ml . . . it also equals 3 tsp

1 cup = **250 ml**